



WELL WOMAN EXAM

What is a Well Woman Exam?

A well woman exam is a once-a-year visit to your provider for general health check, including a breast exam, pelvic exam, pap smear, if due, and if needed refills on contraception or hormones. An annual exam **DOES NOT** include discussions of new problems or detailed review of chronic condition. Well woman exams are also called routine check-up, yearly exam and preventative visit.

What should I expect during my well woman exam?

- General physical exam (including breast exam)
- Pelvic exam
- Pap smear, if due
- Review and (or) update medical history and any current medications
- Medication refills
- Evaluation of need for health screening test based on age and personal/family history (such as mammogram, test for sexually transmitted diseases, and colonoscopy)

If you have health concerns other than your routine well woman exam an office visit could be charged. Examples are:

- A list of concerns or questions
- New health care concerns or problems found at the time of your annual exam
- Ongoing health problems that require more attention

Signature

Date